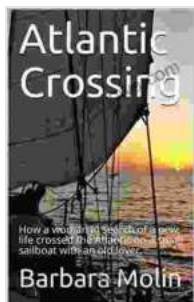


# How Woman In Search Of New Life Crossed The Atlantic On Small Sailboat With An



**Atlantic Crossing: How a woman in search of a new life crossed the Atlantic on a small sailboat with an old**

**lover.** by Barbara Molin

★★★★☆ 4.9 out of 5

Language : English  
File size : 2291 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 187 pages  
Lending : Enabled



In 2017, 62-year-old Helen Skelton embarked on a solo sailing journey across the Atlantic Ocean from Newfoundland to Ireland on a small, 21-foot sailboat.

Skelton had always dreamed of sailing across the ocean, but it wasn't until she was in her 60s that she finally decided to make her dream a reality.

She spent two years planning her journey, and in June 2017, she set off from Newfoundland with her dog, a golden retriever named Bodhi.

The journey was not without its challenges. Skelton encountered storms, high winds, and rough seas. But she persevered, and after 56 days at sea, she arrived safely in Ireland.

Skelton's journey is a testament to the power of dreams and the human spirit. It is a story of adventure, courage, and determination.

## **The Planning**

Skelton spent two years planning her journey. She read books, talked to other sailors, and took sailing lessons.

She also Free Downloaded a 21-foot sailboat, which she named "Bodhi." She spent months outfitting the boat with everything she would need for her journey, including a solar panel, a watermaker, and a navigation system.

## **The Journey**

Skelton set off from Newfoundland on June 1, 2017. She sailed east across the Atlantic Ocean, following the trade winds.

The journey was not without its challenges. Skelton encountered storms, high winds, and rough seas. But she persevered, and after 56 days at sea, she arrived safely in Ireland.

During her journey, Skelton kept a blog, where she shared her experiences and insights.

In one blog post, she wrote: "The ocean is a vast and powerful force. It can be both beautiful and terrifying. But it is also a place of peace and tranquility."

Skelton's journey is a testament to the power of dreams and the human spirit. It is a story of adventure, courage, and determination.

## **The Impact**

Skelton's journey has inspired people all over the world. She has shown that anything is possible if you set your mind to it.

Skelton's journey has also raised awareness of the importance of ocean conservation.

In an interview with the BBC, Skelton said: "The ocean is our lifeblood. We need to protect it for future generations."

## **The Book**

Skelton has written a book about her journey, titled "How Woman In Search Of New Life Crossed The Atlantic On Small Sailboat With An."

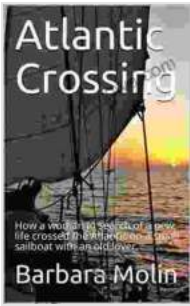
The book is a memoir of her experience, and it includes her thoughts and reflections on the journey.

The book is a must-read for anyone who is interested in sailing, adventure, or the human spirit.

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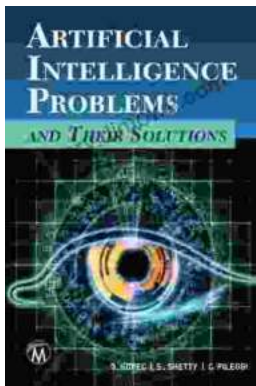
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